



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Whitford

This term Mr Whitford has worked with each class in their PE lessons.

Class 1 started the year by going on a series of adventures in the PE lessons helping to develop their fundamental movement skills such as spatial awareness, controlling and travelling with an object, and evading others. The adventures included a trip to space and helping out on the farm. This half term the children have worked on their teamwork and communication skills to overcome a number of problem-solving challenges. PE stars have been Flora, Frank and Harry! Well done everyone!

Class 2 children developed their knowledge and skills in Football in the first half term. They worked on moving with the ball, passing and shooting accurately and consistently, and their tackling. This was then applied to small-sided games. This half term children showed great determination throughout their health and fitness lessons, where they explored different types of training (e.g. continuous & interval), identifying which sports would benefit from it. PE stars have been Tommy and Scott.

Class 3 too focused on Football in the first half term. They looked at applying their skills consistently to game situations, developing their knowledge of principles of attacking and defending and creating their own tactics. This half term the children demonstrated great enthusiasm in the Dodgeball lessons, looking at developing their accuracy when throwing, as well as blocking and decision-making. PE stars have been Louansa and William D.

The Sports Crew have also had the opportunity to work on their leadership skills which they are going to put into practice by leading games and activities at lunchtime to the other children.

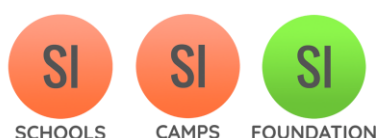
Have a great Christmas and see you in the New Year!



Class 1 went on a mission to space!



Class 2 & 3 worked on their Football skills in the first half term.



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www.sportinginfluence.com